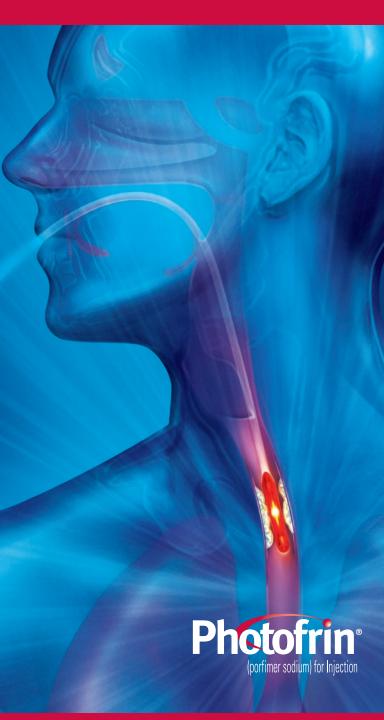
PATIENT GUIDE



Patient Information

Important information for family members and doctors in case of emergency

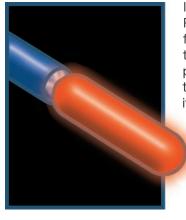
| Name of Patient |
|---------------------------|
| Name of Doctor |
| Doctor's Telephone Number |
| Emergency Contact |
| Telephone Number |
| Allergies |
| Allergies |
| Allergies |

Step by Step

This guide has been designed to help you understand at a glance how photodynamic therapy (PDT) with PHOTOFRIN® works and what side effects may occur. The guide will also explain what you can do before and after treatment to prevent a photosensitivity reaction, a potential side effect in anyone undergoing PDT.

If, after reading this guide you have further questions, be sure to discuss them with your doctor.

About PHOTOFRIN®

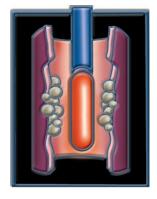


Injection of PHOTOFRIN® is the first in a two-part treatment called photodynamic therapy (PDT). By itself, PHOTOFRIN®

is inactive.
However, when PHOTOFRIN® is put in the presence of a laser (visible red light of a particular wavelength) it

becomes active.

When injected, PHOTOFRIN® goes to the tissues. What makes PDT with PHOTOFRIN® effective is that PHOTOFRIN® is attracted to and lingers in some tissues, especially High-Grade Dysplasia associated with Barrett's esophagus and cancer cells.



When the red laser is turned on, PHOTOFRIN® is activated and the High-Grade Dysplasia or cancer cells are destroyed. The laser creates red light, not heat, so there is no burning sensation associated with PHOTOFRIN® PDT treatment.

Fiber optics that are specially designed to conduct laser light are thin, flexible, transparent strands, similar to fishing lines.

Doctors should consult prescribing information for complete indications and important patient selection criteria before prescribing.

Before Treatment







Photodynamic therapy with PHOTOFRIN® is

a treatment for certain types of cancer and High-Grade Dysplasia associated with Barrett's esophagus. It uses a combination of **photosensitive drug** (a drug that is activated by light) and **light from** a non-thermal laser.

After administration of PHOTOFRIN®, your skin and eyes will be very sensitive to direct sunlight and bright lights for at least 30 days. Some patients may remain photosensitive for up to 90 days or more.

Before you leave home:



Be sure the windows in your home have curtains or shades to block out direct sunlight.
Avoid direct sunlight from skylights.

Bring or wear to the hospital:



Dark sunglasses (Light transmittance of less than 4%)



Gloves



Wide-brimmed hat



Long-sleeved shirt and slacks, socks with shoes or sandals

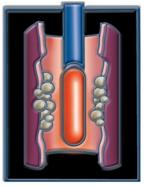
During Treatment



You will be given an injection of the photosensitizing drug PHOTOFRIN®.



40 to 50 hours after the PHOTOFRIN® injection, light from a **laser will activate the drug** within the High-Grade Dysplasia or cancer cells, which will destroy them. The type of laser used in PDT is non-thermal; no heat is involved, so it will not burn.



Your doctor will direct the laser light through a fiber optic endoscope.



You may be given a sedative and/or a local or general anesthetic, so you should feel little or no discomfort. Often patients are awake during the procedure.

After Treatment

Common side effects:



Local swelling and inflammation in and around the treated area may cause physical discomfort in that area.

Your skin and eyes will be very sensitive to bright light for about 30 days or more after the injection. Some patients may remain photosensitive for more than 90 days, therefore:



Avoid exposure to direct sunlight or bright lights (such as reading or examination lights).



Avoid undraped windows or skylights.

Normal indoor light is okay. To reduce the duration of photosensitivity, you should expose yourself to some interior lighting. This will help clear PHOTOFRIN® from your body.



Avoid "helmet"-type hair dryers (like those found in beauty salons), as they may cause a sunburn-type of reaction. Handheld hair dryers on low settings are a safer option.

Sunscreens are of no protective value.

Other possible side effects:



If your esophagus is being treated: pleural effusion (fluid around the lung), strictures (esophageal narrowing), fever, nausea and/or vomiting, constipation, pain in the chest or abdomen, dehydration, difficulty breathing, difficulty swallowing, anemia, headache, or hiccups. If your lung is being treated: Pain in the chest, constipation, shortness of breath, hemoptysis (coughing up small amounts of blood), fever, coughing, pneumonia, bronchitis, fatal hemoptysis, obstruction (mucus plua), edema, and stricture (narrowing).

Talk with your doctor about what to expect.

Doctors should consult prescribing information for complete Warnings, Precautions and Adverse Reactions before prescribing.

Managing Exposure to Direct Sunlight:

For 30 Days:



If possible, wait until sundown to do outdoor activities/tasks (such as shopping).

If you do go outside during daylight hours, WEAR:



Long-sleeved shirt and slacks

Preferably tight-knit, light-colored fabrics

Gloves

Socks with shoes or sandals

Wide-brimmed hat

Dark sunglasses

On Day 31:



Test for photosensitivity by putting your hand in a paper bag with a 2-inch hole in it and **expose it to direct sunlight for 10 minutes.**



If a reaction occurs (swelling, redness, or blistering) within 24 hours, continue to take precautions for another 2 weeks before retesting.

If no reaction occurs within 24 hours, you may gradually increase your exposure to sunlight. Continue to watch for skin reactions.



Call your doctor if your skin becomes red or blistered at any point following treatment.

Appointments & **Dates**

| Date | Doctor | | |
|---------------|------------|--|--|
| Hospital/Clin | ic Address | | |
| Telephone N | lumber | | |
| Date | Doctor | | |
| Hospital/Clin | ic Address | | |
| Telephone N | lumber | | |
| Date | Doctor | | |
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Notes



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www.photofrin.com

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